

Ester Y. Lee , MD
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2010 - 2012



Education

Dr. Lee did her undergraduate training at the University of Virginia after which she spent 1 year at the NIH. There she participated in a research program studying the chromosomal-regulating protein complexes, cohesion and condensin. She continued her studies at the Medical College of Virginia of Virginia Commonwealth University in Richmond, VA, during which time she served as the treasurer for the American Medical Association Chapter at the medical school. Even at this time of her training, she was recognized in the Dean's summary letter as having strong, positive personal characteristics, a solid performer, a dependable and goal directed young professional, and to exhibit a pleasant and true feeling of genuine warmth. Her Internal Medicine training was at Thomas Jefferson University Hospital in Philadelphia, where she also excelled. In her letters of reference to our training program, she is described as "a terrific and stupendous individual" with "an excellent ability to engage people in all walks of life and to develop a rapport with her patients in a candid and responsible way". She was also described as having a vast fund of knowledge, to be passionate about her work, and to have impeccable and flawless clinical skills. Her Program Director described her as being the type of resident that makes being a Program Director a great joy, a clinical leader, professional colleague and sound provider of outstanding patient care.

Dr. Lee has satisfactorily completed the first year of her Fellowship which was rated by the faculty in the high satisfactory to superior range in all categories. She is diligent and hard-working, and has clearly gained confidence in herself as an endocrinology subspecialist during the latter half of this year. Improvement has become apparent through direct observation of her patient care in the outpatient and inpatient clinical settings, as well as in her formal presentations at weekly Clinical Care Conference. Patient surveys of her care as an endocrinology subspecialist were outstanding with an average score of 4.58 out of 5.0. She gave several conferences including Prader-Willi syndrome, pseudohypoparathyroidism, acromegaly, adrenocortical carcinoma, medical uses of U-500 insulin, thyroid disease in pregnancy, endocrine manifestations and utility of sorafenib, diagnosis and management of patients with difficult thyroid function tests. She also gave an Endocrine Grand Rounds lecture on Preoperative Management of Pheochromocytoma and a lecture to Internal Medicine Residents on Management of Inpatient Hyperglycemia.

Dr. Lee attended the annual meeting of The Endocrine Society association in June, 2010. Other activities have included teaching Internal Medicine Residents and Medical Students while on the consult service. She will be working on a research project this year to identify mutations leading to HDL deficiency.

Publications

1. **Lee E**, Neurological Symptoms Unmasking Breast Cancer, Abstract to the [*American College of Physicians*](#), 2009
2. **Lee E**, Savarese V, Jabbour S, Postprandial Hypoglycemia as the Main Clinical Feature of an Insulinoma, [*Endocrine Practice*](#), submitted