

Vorawan Ummaritchot , MD
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2012 - 2014



Education

Dr. Ummaritchot's (called "Three" by her friends) formal education was in Thailand at Mahidol University in Bangkok, after which she functioned as a general practitioner at the Detudom Royal Crown Prince Community Hospital and Prachatipat Community Hospital. She was accepted for a highly competitive pre-match position at the University of Hawaii and completed her training in Internal Medicine on 6/30/12. As an Internal Medicine Resident, she was described as an intelligent, confident and efficient with exceptional medical knowledge, yet warm and personable, and was rated as Superior in the General Competencies of Patient Care, Medical Knowledge, Practice-based Learning and Improvement, Interpersonal and Communication Skills, Systems-based Practice and Professionalism by her Internal Medicine Residency program. She has a particular interest in improving metabolic outcomes in patients with diabetes, and has participated in a NIH-funded research project to examine the effect of cognitive behavioral therapy and diabetes education/support in improving outcomes for Asians and Pacific Islanders. She was offered a Chief Medical Resident position at the University of Hawaii, but she decided instead to accept our offer for subspecialty training in Endocrinology and Diabetes as a Friedman Fellow. In addition to her maturity and apparent leadership qualities, as an Endocrinology Fellow, she has already shown herself to be bright and passionate about medicine and the care of patients. We are very excited about working with her and expect her to follow in the footsteps of some of the outstanding Friedman Fellows who preceded her.

Publications

1. The Association of Depression with High A1c Levels and Self-Management Interventions in Asians and Pacific Islanders (API) with Type 2 Diabetes, Abstracts of 71st scientific session of the American Diabetes Association, June, 2011.